: 7

: Successful completion of all U2 courses <u>or</u> admitted to the qualifying year of PT program

Mylene Boudreau B.Sc.PT, M.Cl.Sc manip, FCAMPT, PPAS mylene.boudreau2@mcgill.ca

Heidi Clavet B.Sc.PT, MA(ed) heidi.clavet@mcgill.ca

Additional clinicians and teaching assistants as lab instructors

Virtual office hours will be available on a weekly basis via Zoom (more information will be posted on MyCourses) with one (1) course instructor, or by appointment request. Appointment requests are made via email.

This is the first in a series of three (3) courses where an integrated approach is used to provide the students with the necessary competencies in order to be familiarized with common musculoskeletal conditions and with Physical Therapy skills for evaluation and treatment.

In general, on a weekly basis (subject to change), the course comprises of:

One (1) 2.5- to 3-hour of in-person lecture

Two (2) 3- to 4-hour of in-person clinical skills labs

One (1) 1- to 3.5-hours of in-person and fixed clinical reasoning workshops (CRW)

Note that the number of hours will vary from one week to another and at times could be more or could be less than what is listed above. Course schedule details will be posted at the beginning of the term on MyCourses.

This course will cover essential competencies and milestones related to the domains of physiotherapy expertise, communication, collaboration, management, leadership, scholarship, and professionalism. Upon completion of this course, the student will be able to evaluate and treat clients with previously diagnosed conditions (medical diagnosis) and simple unknown conditions affecting the musculoskeletal system, using an evidence-informed approach.

Lectures will be taught in-person. Lecture content will be posted on MyCourses. Clinical skills labs will be practiced during in-person labs at the School of Physical and Occupational Therapy. Videos of the clinical skills labs will be posted on Sjoo

Topics include, but are not limited to: phases of healing of musculoskeletal tissues in relation to rehabilitation goals, patient interview & charting, orthopedic assessment (observation, posture, swelling, ROM, strength, flexibility, gait, transfers, balance, palpation), fleatheast approaches (education, exercise prescription, gait, transfers, massage,

3

Instructor generated course materials (e.g., handouts, notes, summaries, exam questions, lecture recordings, videos, etc.) are protected by law and may not be copied or distributed in any form or in any medium without explicit permission of the instructor. Note that infringements of copyrighm WK ohegy

For U3 and

Equivalency Students (EQ), a grade of at least C+ (60%) must be obtained for BOTH the theoretical AND practical component of the course (not combined). For QY students, a grade of at least B- (65%) must be obtained for BOTH the theoretical AND practical component of the course (not combined). Please refer to the appropriate sections in both



: Students are expected to demonstrate professional behaviour and always wear appropriate attire, in accordance with clinical sites specific regulations. It is each student's responsibility to have appropriate attire during all class assignments and learning activities. When working with clients or simulated patients, student must be dressed professionally.

Your respectful attentive presence is expected, therefore while you are permitted to use your laptop in class, it is understood that you will not be using your laptop or cell phone for social purposes during class time (e.g., texting, emailing, chats, messaging, scrolling through social media, online shopping, etc). Your cell phone should be on silent during class time and phone calls should only take place during the break or after class.

We endeavor to provide an inclusive learning environment. If you require an adapted learning environment (for in class and during exams), please contact the Student Accessibility and Achievement Office as soon as possible so arrangements can be made. You may also contact your instructor(s) if you wish, but are not obliged to do so.

Many students may face mental health challenges that can impact not only their academic success but also their ability to thrive in our campus community. Please reach out for support at the McGill Student Wellness Hub.

<u>End-of-course evaluations</u> are one of the ways that McGill works towards maintaining and improving the quality of courses and the students' learning experience. You will be notified by e-mail when the evaluations are available via Mercury.

McGill University is on land which has long served as a site of meeting and exchange amongst Indigenous peoples, including the Haudenosaunee and Anishinabeg nations. We acknowledge and thank the diverse Indigenous peoples whose presence marks this territory on which peoples of the world now gather.

The University is committed to maintaining teaching and learning spaces that are respectful and inclusive for all. To this end, offensive, violent, or harmful language arising in course contexts may be cause for disciplinary action.

Additional policies governing academic issues which affect students can be found in the Academic Rights and Responsibilities.